

Visit Us @
www.lancerdining.com
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 651-646-2197 X32

LANCER

DINING SERVICES

Revised 9-4-2018

Menu Subject to Change

K - 8 FEBRUARY LUNCH MENU 2019

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|--|
| | | | | 1-Feb |
| Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information. | | | | Pizza Shredded Romaine Fresh Carrot Stick Chilled Peaches Ranch Dressing |
| 4-Feb | 5-Feb | 6-Feb | 7-Feb | 8-Feb |
| Turkey Mini Corn Dogs Vegetarian Baked Beans Fresh Carrots Fresh Apple Ketchup Ranch Dressing | BBQ Chicken Slider Mac & Cheese WG Hamburger Bun Jicama Zucchini Coins Fresh Banana Ranch Dressing | Beef Nachos Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Salsa | Cheese Stuffed Breadsticks Marinara Dipping Sauce Vegetable Blend Fresh Melon | Pizza Fresh Pea Pods Carrot Sticks Fresh Grapes Ranch Dressing |
| 11-Feb | 12-Feb | 13-Feb | 14-Feb | 15-Feb |
| Chicken Flatbread Gyro WG Flatbread Cucumber Coins Shredded Romaine, Diced Tomatoes Mandarin Oranges Ranch Dressing & Sour Cream PC | Beef Tacos Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Fresh Banana Taco Sauce | Popcorn Orange Chicken Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Ranch Dressing Orange Sauce | BBQ Chicken Meatballs Potato Wedges Cornbread Grape Tomatoes Applesauce Ketchup | No School |
| 18-Feb | 19-Feb | 20-Feb | 21-Feb | 22-Feb |
| No School | Beef Hot Dog Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana Ketchup Ranch Dressing | Chicken Drumstick Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries Italian Dressing | Turkey Cheeseburger Roasted Red Potatoes Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Ketchup | Pizza Fresh Broccoli Fresh Apple Ranch Dressing |
| 25-Feb | 26-Feb | 27-Feb | 28-Feb | |
| Meatball Hoagie Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Tater Tots & Ketchup Fresh Zucchini & Ranch Chilled Pears | Chicken Tacos WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce | Chicken Ala King Creamy Mashed Potato WG French Bread Fresh Broccoli Fresh Melon Butter PC Ranch Dressing | Chicken Patty Green Beans WG Hamburger Bun Fresh Carrots Fresh Grapes Ranch Dressing Mayo Packet | Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information. |

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.