

Menu Subject to Change

K - 8 JANUARY LUNCH MENU

2018-2019

Monday	Tuesday	Wednesday	Thursday	Friday
	1st	2nd	3rd	4th
Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.	HAPPY NEW YEAR!	Beef Nachos Cheese Sauce Corn Tortilla Chips Broccoli Chilled Pineapple Shredded Lettuce Salsa	Cheese Stuffed Breadsticks Marinara Dipping Sauce Vegetable Blend Fresh Melon	Pizza Fresh Pea Pods Carrot Sticks Fresh Grapes Ranch Dressing
7th	8th	9th	10th	11th
Chicken Flatbread Gyro WG Flatbread Cucumber Coins Shredded Romaine, Diced Tomatoes Mandarin Oranges Ranch Dressing & Sour Cream PC	Beef Tacos Seasoned Black Beans WG Tortilla Shredded Cheddar Cheese Shredded Romaine Fresh Banana Taco Sauce	Popcorn Orange Chicken Fried Vegetable Brown Rice Fresh Broccoli Fresh Melon Ranch Dressing Orange Sauce	BBQ Chicken Meatballs Potato Wedges Cornbread Grape Tomatoes Applesauce Ketchup	Pizza Tossed Spinach Sliced Zucchini Fresh Orange French Dressing
14th	15th	16th	17th	18th
French Toast Turkey Sausage Celery Sticks Chilled Tropical Fruit Calypso Crush Veggie Juice Syrup	Beef Hot Dog Vegetarian Baked Beans WG Hot Dog Bun Cauliflower Florets Fresh Banana Ketchup Ranch Dressing	Chicken Drumstick Loaded Mashed Potatoes Whole Grain Cookie Kale/Romaine Salad Fresh Strawberries Italian Dressing	Turkey Cheeseburger Roasted Red Potatoes Hamburger Bun Shredded Lettuce Fresh Carrots Fresh Grapes Ketchup	Pizza Fresh Broccoli Fresh Apple Ranch Dressing
21st	22nd	23rd	24th	25th
Meatball Hoagie Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Potato Cubes & Ketchup Fresh Zucchini & Ranch Chilled Pears	Chicken Tacos WG Tortilla Shredded Cheddar Cheese Shredded Romaine Refried Beans Fresh Apple Taco Sauce	Chicken Ala King Creamy Mashed Potato WG Tea Biscuit Fresh Broccoli Fresh Melon Butter PC Ranch Dressing	Chicken Patty Green Beans WG Hamburger Bun Fresh Carrots Fresh Grapes Ranch Dressing Mayo Packet	Pizza Grape Tomatoes Sliced Romaine & Iceberg Salad Fresh Orange Ranch Dressing
28th	29th	30th	31st	
Cheeseburger Vegetarian Baked Beans Hamburger Bun Fresh Carrots Fresh Apple Ketchup Ranch Dressing	BBQ Beef Riblet Glazed Carrots Hoagie Roll Fresh Broccoli Fresh Banana Ranch Dressing	Chicken Alfredo WG Penne Pasta WG Tea Biscuit & Butter PC Romaine Salad Celery Sticks Fresh Orange Italian Dressing	Chicken Strips Steamed Corn Cucumber Coins Fresh Melon BBQ Dipping Sauce	

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.