

Cologne Academy

Your Future Starts Here

January 2017

Cologne Academy Families-

Productive Struggle. Is there such a thing?
In the world of academia and in life in general, I would say YES to productive struggle being a good thing. Students ask for teacher's help every day in classrooms. This brief article takes author Sarah McKibben's views on teachers and classrooms and I juxtapose that context to home. Kids are always learning and as parent- you are a natural teacher!

There are three ways your child may ask for help (or not) at home:

- Expedient help-seeking - Asking for the answer so they can move on;
- Avoidant help-seeking - Not asking for help when they actually need it;
- Adaptive help-seeking - Asking for just enough information or the clue needed to solve a problem, the goal being real learning.

In spirit of our growth mindset blooming at Cologne Academy, we urge home to echo this message. When caregivers help too much, they reinforce the idea that it is about getting it right and not about the struggle for learning. Children can get in the habit of asking for help rather than putting in the necessary effort and becoming more self-reliant. As parents, we "rescue" our children who are having difficulty; what we should do is embrace the struggle and recognize the learning opportunity about to happen. Sometimes we are frazzled and we tend to give quick answers; this does not solve your child's confusion.

How can we do better? A general strategy is fostering a growth mindset and valuing mastery over competition. It is helpful to build in scaffolding and resources that support your child as they work through problems independently. Parents can also model how to think through what made an answer incorrect and find a better way. Our goal is to teach students to be thinkers and doers, to ask questions to bridge learning, and to embrace learning setbacks. How awesome to teach children that all learning is not without hard work- we first had to crawl before we could run!

Upcoming Events:

January 16

MLK Day
"A Day On, Not a Day Off"

January 17

Knowledge Bowl Meet
South View Middle School
Edina
4:00 pm

January 17

Informational Meeting
Cafeteria
6:30 pm

January 23-27

Paraprofessional
Appreciation Week

January 23

College T-shirt Day

January 23

Finance Meeting
6:45 pm
Board Meeting
7:00 pm

January 24

High School Transition
Meeting
6:30 pm

January 26

Extraordinary Expo
5:00 - 7:00 pm

January 27

College T-shirt Day
OSA

Happy New Year!

Sincerely,
Lynn G. Peterson, Ed. S.
Executive Director
lgluck@cologneacademy.org

"The Ins and Outs of Academic Help Seeking" by Sarah McKibben in Education Update, December 2016 (Vol. 58, #12, p. 1, 4-5).

MLK Day of Service

In honor of MLK Day, Cologne Academy will have 'A Day On, Not a Day Off' on Monday, January 16. Students will be completing a service project assembling hygiene kits for an area teen shelter. Hygiene items are being requested by grade, click [here](#) for details.

It's not too late to send items to school. Final collection of items from classrooms will be Monday at 9:00 am. Thank you!

Paraprofessional Week

Paraprofessional Week is January 23-27

Please be sure to thank all of our wonderful paraprofessionals who do so much for our school!

Informational Meetings

Tuesday, January 17 at 6:30 pm
Monday, February 13 at 6:30 pm

We are currently accepting applications for the 2017-2018 school year (you do not need to apply if you are already enrolled for 2016-2017). Please tell your friends and family how much you love CA and encourage them to come to an upcoming informational meeting or to call and schedule a tour today.

High School Transition Meeting

Tuesday, January 24 at 6:30 pm

10:00 am
Early Release
1:00 pm

Next PAVE Meeting

January 17
6:30 pm

Upcoming Knowledge Bowl Meet

February 16
South St. Paul
Secondary School
South St. Paul

Follow Us

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2016/2017 Calendar

Available on the CA website.
Click [HERE](#)

Parents of 8th graders are encouraged to attend this important meeting regarding your child's upcoming high school experience. The meeting is open to any parent seeking information on high school choice.

Representatives from Waconia, Eastern Carver County, NYA Central, Holy Family Catholic, Southwest Christian, Belle Plaine, Mayer Lutheran, Eagle Ridge Academy, and Main Street School of Performing Arts have been invited to give a brief presentation about their high school educational opportunity and will be available to speak with you individually after the presentations.

National School Choice Week

January 22-28

**Thank you for making
Cologne Academy
your school choice!**

We hope you will join us as CA participates in National School Choice Week 2017 by hosting our special event, the Extraordinary Expo on Thursday, January 26 from 5:00 - 7:00 pm.

National School Choice Week is a non-partisan, non-political effort that raises awareness about the importance of effective education options for students. Nearly 20,000 events are being planned across the country to celebrate National School Choice Week.

The Extraordinary Expo

Thursday, January 26 - Join Us For a Fun Night!

Collaborative Expo of Art, Spanish, Science and History. All students will have art work on display and either perform in a Spanish performance or have a Spanish project on display. Middle School students will have a Science Fair project (Grades 5 & 7) or History project (Grades 6 & 8) on display. Click [here](#) for details.

Braith Family

Three members of the Braith family were involved in a serious automobile accident during the winter break. Their child that attends Cologne Academy was not in the car, but his mom and two younger siblings were sent to the hospital. Nathaniel Braith sustained the most serious injuries and is still hospitalized at HCMC. Please keep this family in your thoughts.

Some have inquired about how Nathaniel is doing and how they can support the Braith family. Visit Nathaniel's CaringBridge web page to read about his recovery. A Meal Train and GoFundMe account have been set up for their family.

[Nathaniel's CaringBridge](#)

[Braith Meal Train](#)

[Braith GoFundMe](#)

Health Office

Cold Weather Protocol

Fresh air and outdoor activity, even in winter, can help children reboot so they can focus better in the classroom. All students should be wearing warm hats, gloves or mittens, coats, snow pants, and boots out to recess. I have a lot of requests from parents for their child to stay in for recess because the child has a cold. We cannot keep students in for colds, but wearing scarves across the face can help. The school policy is to have indoor recess when the windchill is at or below zero degrees. Children with medical conditions diagnosed by a doctor stating the reason they cannot be outdoors will be allowed to stay indoors.

Cold and Flu Season: Fever and Vomiting

All students must be fever-free, below 100.0, without any medication for 24 hours before returning to school. If your child has vomited or experienced diarrhea, he/she will need to stay home for a full 24 hours from the last vomiting or diarrhea episode before returning to school.

Please let the health office know when your child receives any immunizations during the school year so we can keep your child's immunization record current. You can either send a copy of your child's updated immunization record to school or ask their doctor's office to fax it to school. School fax number is 952.466.4030.

Thank you!
Nurse Mary
nurse@cologneacademy.org

Clubhouse

Clubhouse will be available Monday, February 20* (President's Day)
Registration closes February 9.

Clubhouse will remain at school, cost is \$25 per day. Payments must be made in advance for non-school days. We cannot guarantee space after the registration deadline.

Contact Cathy Kerber
at ckerber@cologneacademy.org with questions or to sign up for Clubhouse.

*Clubhouse will be open on select non-school days. We reserve the right to cancel Clubhouse for a specific day(s) if enrollment does not reach 10 students. You will be notified the day after registration deadline if Clubhouse will not be open.

Clubhouse Summer Program - NEW

New this year, Clubhouse will be offering a full day summer program. Summer care will offer a wide range of activities including arts & crafts, sports, games, outdoor play, special events and field trips. Enroll today!

Click [here](#) for more information.
Click [here](#) for registration form.

Contact Cathy Kerber with questions or to enroll
at ckerber@cologneacademy.org.

2016-2017 Yearbook

Order your 2016-2017 Cologne Academy yearbook today for only \$17.49! Place your order online at Treering.com by searching for Cologne Academy or by using the passcode: 1013230390864254.

Each yearbook includes two free pages that can be customized by you to add your personalized memories of the year. These Pages will only be printed in your yearbook. Deadline for the customized pages is April 10. Start designing today!

We are also looking for parents who are interested in helping take photos throughout the year in the classroom, at sporting events, and other school functions.

If you have yearbook questions or would like to submit yearbook photos, please contact Deb Ries at dries@cologneacademy.org.

Youth Enrichment Classes

Youth Enrichment will once again be offering Chess (Grades K-5) and Legos (Grades 1-5).

Click [here](#) for flyer.

Register [here](#).

Support Cologne Academy

**Thank you for sending your Box Tops to school.
We received a check this week for \$677.10!**

Please continue to send your Box Tops for Education, Campbell's Soup Labels, Milk Moola caps, etc. to school any time with your child. We have a collection point outside the cafeteria or drop them off in the office or with a teacher.

Shopping on Amazon

AmazonSmile is the same Amazon you know - same products, same prices, same service. Order from AmazonSmile and designate Cologne Academy as your charitable organization. Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to Cologne Academy whenever you shop on AmazonSmile.

Click [here](#) to log in through our unique CA link.

PAVE has two new ways to help fundraise for Cologne Academy.

1) We are now recycling inkjet and laser toner cartridges into cash for CA PAVE. Cartridges for Kids will accept used inkjet and laser toner cartridges, cell phones, laptops, and other small electronics. Donation bin is located near the main office and PAVE will mail out once we've collected enough items for free shipping. You can check out their current pricelist and program [here](#).

2) If your family enjoys going out for Sunday Brunch, Oak Ridge Hotel & Conference Center in Chaska is offering to reward CA PAVE with gift certificates to use for

fundraising or thank you gifts. Through the end of May for each paid adult brunch, PAVE earns credits towards free certificates. Just let your server know that you are dining in support of Cologne Academy.

Bring your aluminum cans for recycling! We have a collection trailer in the Northeast corner of the school parking lot.

From the Art Department

The Art Department of Cologne Academy would like to announce an exciting opportunity for all students and their families at CA. Students will be given the opportunity to order unique items from Square 1 Art that will have their very own personalized artwork on them! We will be starting some projects soon and finish all artwork by March. Students will receive an order catalog in March, but if you want to look ahead check out www.square1art.com to start thinking about what you might like to order. Orders will be shipped at the end of April 2017 in time for Mother's Day and Father's Day. Every item purchased will help raise money for the Art Department. Have fun scanning the website!

Waconia High School Pre Registration Meeting

Pre Registration Meeting for Current 8th Grade - January 23

Parents/guardians of 8th grade students who will be entering Waconia High School next fall are invited to an informational meeting in the high school auditorium on Monday, January 23rd from 6:30 to 7:30 pm. Topics include: staff introductions, registration process and timeline, test and graduation requirements. Students may attend if they so desire.

Holy Family Catholic High School

Winter Open House - February 2

Learn more about Holy Family Catholic High School's commitment to preparing students for college and helping them reach their full potential as moral and ethical leaders of the future. The evening begins with an activities fair from 6:30 to 7 p.m. followed by presentations about our college prep process, financial aid, and Holy Family curriculum. Register [here](#)

Mayer Lutheran High School Spring Baseball

PLAY BALL! Maybe not what you are thinking in this cold and snowy weather but if your son would like to participate in spring league for the MLHS Knights, that's exactly what you have to start

thinking! PLAY BALL! In order to participate in the Crow River League and keep our games local, we have to claim spots for our teams in February, so we must have a **January 15th deadline** to sign up!

PLEASE REGISTER NOW [here](#). Click on "Knights" and registration for Knights Baseball. You do not have to pay at the time you register, just so we receive the \$200 fee before the tryouts. Try outs will be Wednesday, February 22nd at the MLHS gym from 6pm to 8pm.

Contact Barb Christopherson at 763.257.7447 if you have any questions or are interested in coaching or assisting with one of our teams.

So.....PLAY BALL!

January Core Virtue: **Courage**

Please use FRONTDESK@cologneacademy.org to report absences, tardies, early pick-ups, and current school day changes to end of day transportation for your child(ren).

Please include student's full name, grade, and details of the information being emailed.

www.cologneacademy.org