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www.lancerdining.com
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 651-646-2197 X32

LANCER

DINING SERVICES

Revised 2-1-2017

Menu Subject to Change				
K - 8 MARCH LUNCH MENU 2017-2018				
Monday	Tuesday	Wednesday	Thursday	Friday
5th	6th	7th	8th	9th
<p>Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit dining.lancerhospitality.com for more information.</p>			<p>Popcorn Orange Chicken Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing</p>	<p>PIZZA Baby Carrots Romaine Salad Ranch Dressing Fresh Melon</p>
<p>Crispy Chicken on a Bun Celery Smiles Steamed Corn Chilled Pears</p>	<p>Mini Turkey Corn Dogs Vegetarian Baked Beans Romaine Salad French Dressing Fresh Banana Ketchup</p>	<p>BBQ Beef Riblet Hoagie Roll Glazed Carrots Fresh Sugar Snap Peas Applesauce</p>	<p>Sweet & Sour Chicken Meatballs Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Grape Tomatoes & Ranch Dressing Fresh Melon</p>	<p>PIZZA Mixed Green Salad & Ranch Dressing Sliced Cucumbers Fresh Apple</p>
<p>French Toast & Syrup Turkey Sausage Fresh Cucumbers Chilled Peaches Wango Mango Veggie Juice</p>	<p>Chicken Tacos Whole Grain Tortilla Shredded Cheddar Cheese Taco Sauce Chipotle Style Beans Shredded Romaine Fresh Banana</p>	<p>Meatball Hoagie Beef Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Fresh Apple Tater Tots & Ketchup Celery Smiles</p>	<p>Turkey Cheeseburger Hamburger Bun Shredded Lettuce Roasted Red Potatoes Fresh Strawberries Ketchup</p>	<p>PIZZA Kale & Romaine Salad w Italian Dressing Baby Carrots Fresh Orange</p>
<p>Beef Hot Dog on a Bun Ketchup Jicama Sticks & Ranch Dressing Vegetarian Baked Beans Chilled Mixed Fruit</p>	<p>Chicken & Gravy Creamy Mashed Potato Bread & Butter Zucchini Coins Fresh Banana Giant Graham Cracker Ranch Dressing</p>	<p>BBQ Chicken Slider Hamburger Bun Mac & Cheese Fresh Broccoli & Carrots Ranch Dressing Fresh Apple</p>	<p>Cheese Stuffed Breadsticks Marinara Dipping Sauce Spinach Salad Italian Dressing Celery Smiles Fresh Grapes</p>	<p>PIZZA Fresh Broccoli & Carrots Ranch Dressing Fresh Melon</p>
<p>No</p>	<p>School</p>	<p>Spring</p>	<p>Break</p>	<p>2018</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.