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 651-646-2197 X32

# LANCER

## DINING SERVICES

Revised 11-27-2017

<b>Menu Subject to Change</b>				
<b>K - 8 JANUARY LUNCH MENU 2017-2018</b>				
Monday	Tuesday	Wednesday	Thursday	Friday
1st	2nd	3rd	4th	5th
HAPPY NEW YEAR! Lancer Dining Services does not use pork, peanut, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings. Please visit <a href="http://dining.lancerhospitality.com">dining.lancerhospitality.com</a> for more information.	<b>No School</b>	<b>Meatball Hoagie</b> Beef Meatballs in Marinara Sauce Hoagie Roll Shredded Mozzarella Cheese Fresh Apple Tater Tots & Ketchup Celery Smiles	<b>Turkey Cheeseburger</b> Hamburger Bun Shredded Lettuce Roasted Red Potatoes Fresh Strawberries Ketchup	<b>PIZZA</b> Kale & Romaine Salad w Italian Dressing Baby Carrots Fresh Orange
8th	9th	10th	11th	12th
<b>Beef Hot Dog on a Bun</b> Ketchup Jicama Sticks & Ranch Dressing Vegetarian Baked Beans Chilled Mixed Fruit	<b>Chicken &amp; Gravy</b> <b>Creamy Mashed Potato</b> Bread & Butter Zucchini Coins Fresh Banana Giant Graham Cracker Ranch Dressing	<b>BBQ Chicken Slider</b> <b>Mac &amp; Cheese</b> Fresh Broccoli & Carrots Ranch Dressing Fresh Apple	<b>Cheese Stuffed Breadsticks</b> <b>Marinara Dipping Sauce</b> Spinach Salad Italian Dressing Celery Smiles Fresh Grapes	<b>PIZZA</b> Fresh Broccoli & Carrots Ranch Dressing Fresh Melon
15th	16th	17th	18th	19th
<b>Sabino's Pizza Burger</b> Italian Seasoned Beef on Garlic Toast Baby Carrots Hummus Fresh Orange	<b>BBQ Beef Meatballs</b> Fresh Broccoli Potato Wedges & Ketchup Cornbread Fresh Grapes	<b>Creamy Chicken Alfredo</b> <b>Penne Pasta</b> Romaine Salad & Italian Dressing Baby Carrots Fresh Melon WG French Bread	<b>Beef Tacos</b> Whole Grain Tortilla Cheddar Cheese Shredded Romaine Lettuce Refried Beans Fresh Apple Taco Sauce	<b>PIZZA</b> Baby Carrots Crunchy Cauliflower Florets Chilled Pineapple
22nd	23rd	24th	25th	26th
<b>Chicken Strips</b> BBQ Dipping Sauce Green Beans Carrot Sticks Fresh Apple Ranch Dressing	<b>Cheeseburger</b> Hamburger Bun Fresh Zucchini Vegetarian Baked Beans Fresh Banana Ranch & Ketchup	<b>Chicken Drumstick</b> Loaded Mashed Potatoes Fresh Broccoli & Ranch Dressing Mandarin Oranges Whole Grain Cookie	<b>Popcorn Orange Chicken</b> Vegetable Brown Fried Rice Kohlrabi and Grape Tomatoes Fresh Grapes Ranch Dressing	<b>PIZZA</b> Baby Carrots Romaine Salad Ranch Dressing Fresh Melon
29th	30th	31st	Feb 1st	2nd
<b>Crispy Chicken on a Bun</b> Celery Smiles Steamed Corn Chilled Pears	<b>Mini Turkey Corn Dogs</b> Vegetarian Baked Beans Romaine Salad French Dressing Fresh Banana Ketchup	<b>BBQ Beef Riblet</b> Hoagie Roll Glazed Carrots Fresh Sugar Snap Peas Applesauce	<b>Sweet &amp; Sour Chicken Meatballs</b> Vegetable Brown Rice Fresh Broccoli & Ranch Dressing Grape Tomatoes & Ranch Dressing Fresh Melon	<b>PIZZA</b> Mixed Green Salad & Ranch Dressing Sliced Cucumbers Fresh Apple

**MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.**

This institution is an equal opportunity provider.