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MARK YOUR CALENDAR!

- Friday, Feb. 25th
Dudes and Donuts for k and 1st Grade (see inside for more info)
- Friday, Feb 25th,
7PM Board Meeting
- February 28th–
March 4th
Paraprofessional Recognition Week
- Monday, Feb 28th
Fish Ceremony in the Community Center
- 
- March 9 Spring Photos– Out of Uniform Day
- March 10th– End of 2nd trimester
- March 11– no school for students.
- March 18– Report cards go home



Director's Notes

by
Lynn Gluck Peterson

FEBRUARY 23, 2011,

Become Involved in Charter School Education

Cologne Academy's School Board is beginning its formal process of seeking interested parties to become candidates in this year's School Board Elections. Elections will be held on April 15th, 2011. A formal election guide will be sent home with all students on March 15th.

For the next 30 days, please consider your interest in becoming a School Board member. Our current board would be happy to discuss the roles and responsibilities of this position.

If you are interested in becoming a School Board Member, please fill out the Candidate Profile form (page 6) and return to kfarrell@cologneacademy.org or the school office no later than Thursday, March 10th.

DID YOU KNOW?

Carver County has installed an express library in the south vestibule of the Cologne Community Center (CCC). They will take a few weeks to program it, test it out, etc. and then will be available for the public to use. To be able to use the Cologne Express library you will need to be a Carver County Library member (free). To have access to the express library after city hours you will be able to obtain Cologne Express Library access card (free) that will provide access to the vestibule M-F 7 am – 8 pm, Sat-Sun 8 am – 12 noon. Fitness members will have 24 hour access to the library via their fitness card.

Books can be ordered online at home via the Carver County Library website. You will receive an email notifying you when your book is in the express library and which of the 20 lockboxes it is in. Books will be delivered to the express library on Tues and Friday mornings. You will have 72 hours to pick up your book.

Book returns are accepted 24 hours a day at the book receptacle located on the south side of the CCC parking lot.

I hope you can take advantage of this new service offered by the Carver County Library system.

www.mysignup.com/conferences

Thursday, March 10 from 4-10 PM &

Friday, March 11 from 8 AM– 4 PM

Our Vision

To create an environment for K-8 children where rich character development and effective learning create self confident students who are able to achieve their personal best academically. Using advanced curriculum that is based on goal oriented results, parents will work with teachers to produce the highest possible level of academic achievement for each individual student.

Our Mission

To provide students in Cologne and surrounding rural areas with a content-rich education based on a strong foundation of knowledge through the use of the Core Knowledge Sequence and classical curriculum. We are committed to providing a community school with small class sizes where students, parents and teachers work together to achieve accelerated academic achievement and strong character development.



We are in need of Substitutes for our Lunchroom. Please consider offering your time to the school on an as-needed basis. Lunchroom assistance is needed between 11-1 PM. We are looking for substitutes and also those who can commit to a regular schedule. Please notify Jen Johnson @ jenjeep7@hotmail.com or Jami Reinitz at jreinitz@cologneacademy.org. We appreciate your help.

Cologne Academy Garage Sale- March 26th

All household items accepted (with the exception of couches, beds, and large electronics.) Items may be dropped off at school on March 25th (after 3:30pm). PAVE is looking for volunteers to help head up the following areas: volunteer coordinating and advertising for the garage sale.

Save the Date– April 16th– SPRING FLING

We are in need of many volunteers to make the Spring Fling a success. Please contact pave@cologneacademy.org

All parents are members of PAVE! If you are interested in finding out how you can be an active member of the PAVE committee or volunteer for the school, please contact the office for more information or email PAVE@cologneacademy.org.



Annual Dudes and Donuts Event!

For: Grades K-1

Time: 2:45pm-3:15pm

When: Friday February 25th 2011

Where: Classrooms



This is a great event for the students to invite their Dad or other special guy to visit them at school. Donuts and juice will be served as a special treat. Students are welcome to go home with their guests, but please send a note saying that it is okay.

Growling Dogs by Dr. Kahn

Insightful Parenting builds on one basic foundation: “*External events do not cause internal feelings.*” The external event may be a traffic jam, a disrespectful child, an obnoxious boss, a coworker or a thousand other things that come our way. But, no matter what the external event is, it does not require us to feel one certain way or to respond in any one particular way. A group of parents will respond to very similar situations (an underachieving 5th grader, an obnoxious 7th grader) in different ways. And not only will they respond in different ways, but *they will even feel differently* when confronted with identical presenting problems.

Staying calm when provoked is an important part of parenting and here is a favorite story that is shared with parents quite often. While it seems to be about two large growling dogs, if you think about your children when they are challenging you will know where we are heading.

A friend of ours was hosting an Open House for her graduating senior and we offered to help with the preparations. She was going to be at work but the porch would be open and we could let ourselves in. The only problem was that she forgot to tell the dogs that we were friends. My wife got to the house first and I was still at the car when I heard this ferocious growling and barking. Just as I was about to put the bags down and hurry up there, I heard (in the friendliest voice ever) “Hi guys. Who’s a good dog? What pretty dogs.” And before I got two steps from the car, the growling stopped.

What happened here? Two things, I think. First, my wife stayed calm when the dogs were growling, a clear example of the basic idea that external events do not cause our internal feelings. But we also have the dogs calming down when their growling is met with an unafraid, gentle presence. Not only do external events not cause our feelings but *we can change external events by our reaction to them.* Those growling dogs probably would have gotten even more “growly” if my wife had barked back at them.

Think about your growling children. Depending on their ages, they might roll their eyes at you in a disrespectful way. They might say “I hate you” or “You can’t make me.” If you have more than one child

Growling Dogs (con't) by Dr. Kahn

more than one child you certainly have siblings growling at each other. They may lie about the open pop can hidden in the closet with the ants. They might throw themselves on the floor, stomp their hands and feet in a perfect impersonation of a temper tantrum. Difficult shifts of parenting to be sure, but still just external events. We do not have to feel any certain way and we can change the size of these external events by how we react. We can take a deep breath, quiet ourselves and do whatever we do when we need strength, use our gentle, loving voice, and by doing so keep the scene from deteriorating. Or....well you know. Child growls at parent, parent growls back; scene escalates and lasts longer than it needed to.

What if the growling dogs on our friend's porch were just frightened? What if we were somehow able to understand what was troubling our children every time they growl at us? We would still have to deal with whatever they were presenting to us. Perhaps they would need a consequence or a timeout. Maybe they would need a weekend home with us instead of rambling all over town with their friends. The discipline is not the hardest part of parenting: Pulling it off in the heat of the moment with a friendly voice, with grace and dignity, patience and forgiveness, so that the only growling is the growling coming at us from our children.

We are all fully grown adults. We do not have to have our feelings hurt by our children's weakest moments and we do not have to act like they are acting during those weak moments. After all, these are wonderful opportunities to show our children what we are made of and what unconditional love is all about.

If you enjoy these articles, please feel free to share them with other parents. They can be downloaded to your computer, printed or forwarded as an attachment. And, there are four years of archived articles about children and parenting at www.drstevekahn.com, all available for downloading or forwarding to other parents. Dr. Kahn is the author of *Insightful Parenting: Making Moments Count*.



Study Island Competition

*As we gear up for the MCA's in April we're offering a challenge to our 3rd-7th grade students.
Who can create the largest ice cream sundae?*

We need your help at home to make sure students are logging onto Study Island

Competition Rules: *Students will earn parts of an ice-cream sundae each time they log into Study Island, take a strand test of 20 questions or more, and earn at least 85% -Blue Ribbon Worthy!*

Starts March 1st and goes to March 31st.

The ice cream sundae party will be the first week in April.

We'll also start a new competition for April running April 1st to April 30th

Ice cream sundae party will be the first week of May.

How students make a sundae.

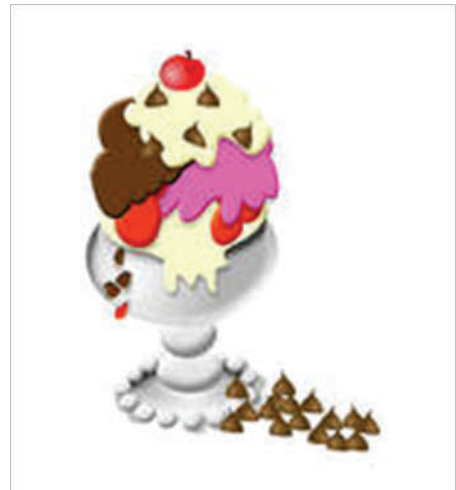
3 blue ribbons = BOWL & SPOON

4 blue ribbons = 1st scoop ice cream

5 blue ribbons = 2nd scoop ice cream

6 blue ribbons = 3rd scoop ice cream

7, 8, 9, 10 + blue ribbons = a new topping





COLOGNE ACADEMY
Candidate Profile

CANDIDATE NAME:

CONTACT INFORMATION

Phone:

E-mail address:

MY CONNECTION TO COLOGNE ACADEMY:

WHY I WANT TO SERVE ON THE BOARD OF DIRECTORS:

EXPERIENCE THAT I WOULD BRING TO THE BOARD:

AREAS OF EXPERTISE I COULD BRING TO THE BOARD:

THE CHALLENGES I SEE AHEAD AND HOW I PROPOSE HANDLING THOSE CHALLENGES: